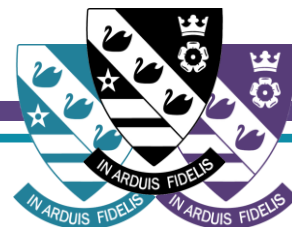


SELBY HIGH SCHOOL



A Specialist School for the Arts and Science

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10th September 2026

Dear Parent(s), Carer(s), Guardian(s),

I am writing to inform you about the **Year 11 Physical Education Off-Site Programme (PEOSP)**, that takes place on a Friday afternoon for students in Year 11. The following information outlines what the purpose, costings, and parental permissions are, in concern to this programme.

What is the Year 11 Physical Education Off-site Programme?

Your child will have Year 11 PEOSP every other Friday afternoon as part of their 2 week school timetable. On the Friday afternoon that your child has Year 11 PEOSP they will be registered immediately after lunch, walk to the site of their chosen activity, exercise from **2pm to 3pm** under the supervision of a Selby High School member of staff. Following the session, pupils will then have permission to go home at **3pm**, at which point they are responsible for their own safety. Pupils will be able to return to the school site to catch their specific school bus if needed.

What are the benefits of the Year 11 Physical Education Off-site Programme?

Recent Sport England and government data suggests a concerning trend that pupil's participation rates significantly decline after finishing secondary school. The aims of the programme are that pupils will become familiar with local sporting facilities which will hopefully inspire lifelong participation and that pupils will learn to budget for physical activity as part of entering adulthood. The scheme has run successfully for a number of years and has become a cornerstone of pupils' Year 11 school experience.

How does my child choose their activity for the Year 11 PEOSP?

This week I have explained in detail the Year 11 PEOSP to your child, after which pupils selected, via a google form, their preferred off-site choices. As the coordinator of the programme I will do my best to ensure that your child receives their first choice, however please be aware that some of the activities have a limited capacity which may result in your child getting their second option choice. If this is the case, they will be given priority when pupils select Year 11 PEOSP options for the second term (January 2027 - April 2027).

The activities and their location are listed below:

Activity	Location
Zumba	Selby Leisure Centre
Gym	Selby Leisure Centre
Spinning	Selby Leisure Centre
Pool	The Baize Lounge
Bowling	Selby Superbowl
Football	Selby College/Town



2023-2026



As part of the programme, pupils will be expected to independently walk in small groups to the site of the external sports provider. Pupils will be registered on departure from the school site and on arrival at the sports provider. Any pupils that are unaware of the location of the sports provider will be given clear directions by a member of the PE department and accompanied by a pupil who is familiar with the route/location. Pupils are under strict instruction to walk directly to the site of the sports provider and not deviate from footpaths and public areas. Any pupils found not following these instructions may risk being removed from the programme.

What is the cost and how do I pay?

The cost of the programme is **£37.00** per student which will cover participation in one or more of the aforementioned activities for the first two terms of Year 11. In order to implement this programme for the academic year, a voluntary contribution of **£37.00** is required. This can either be paid in full or split across two payments, with deadlines of **Friday 2nd October** and **Friday 8th January**, each amounting to **£18.50**. Without all of your contributions, unfortunately, we will not be able to run the programme.

All payments will be collected via [ParentPay](#), which can also be accessed on the school website.

If you need a reminder of your login details, please contact Mr Bobby Clayton on 01757 244814 or email rcl@selbyhigh.co.uk who will be happy to help. If you wish to discuss the payment, please do not hesitate to contact either myself or Bobby.

Parental permission

There is no longer a requirement to complete a new 'Consent for Medical Information for Educational/Off-Site Visits' form at the start of every year. The form you have already completed covers Year 11 PEOSP. However, if you would like to withdraw consent, please confirm this in writing. Please check all contact and medical information [on Arbor](#) to ensure all details are up to date. If you are unable to access Arbor, please contact Laura at lcu@selbyhigh.co.uk

If you have any questions or queries about the Year 11 PEOSP please do not hesitate to contact me on smo@selbyhigh.co.uk or alternatively contact Selby High School on 01757 703327.

Yours sincerely

Mr Morton
Teacher of PE and Pastoral Progress Leader